

REGISTER NOW – Space is Limited!

# SPORTS MEDICINE CONFERENCE

Friday, April 5, 2019

Sauk Prairie Healthcare, Prairie du Sac, WI



Continuing Medical Education

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Sauk Prairie Healthcare, 260 26th St., Prairie du Sac, WI



260 26th Street, Prairie du Sac, WI 53578

### Topics Include:

- Evaluation and Initial Management of Shoulder Dislocations
- Surgical Treatment of Shoulder Dislocations
- Physical Therapy for Shoulder Instability
- Evaluation and Initial Management of Common Stress Fractures
- High-Risk Stress Fractures: What Not to Miss
- Imaging Stress Fractures
- Greater Trochanteric Bursitis...or Is It? & Runner's Butt: What Is It and What to Do About It
- The Post-Joint Replacement Athlete
- Sideline Management of Athlete Collapse
- Pre-participation Cardiac Screening in Athletes
- Evaluation of an Athlete with Suspected Cardiac Abnormality

### Who Should Attend:

- Family Medicine Physicians
- Physical Therapists
- Athletic Trainers
- Advanced Practitioners

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## About the Conference

Sauk Prairie Healthcare is pleased to offer our fourth annual Sports Medicine Conference. We invite you to join us April 5, 2019, at Sauk Prairie Healthcare, 260 26th Street, Prairie du Sac to hear from our sports medicine team on the latest in injury prevention, diagnosis and treatment.

## Questions?

Renee Pierce, Medical Staff Coordinator  
(608) 643-7199  
Renee.Pierce@SaukPrairieHealthcare.org

## Register Now Online!

[SaukPrairieHealthcare.org/conference](http://SaukPrairieHealthcare.org/conference)

## Cost

FREE for Sauk Prairie Healthcare employees and medical staff.

Physician	\$100
Early Registration before March 22	\$75
Healthcare Professional	\$75
Early Registration before March 22	\$50
Student Rate	\$25

Cancellation Policy:  
Registration fee will be refunded  
if cancelled prior to 3/31/19.

## Conference Objectives

At the end of this educational session participants should be able to:

- Evaluate and potentially reduce a dislocated shoulder and provide education on what to expect for conservative care after a dislocation episode
- Know when conservative measures for managing unstable shoulders have failed and how athletes will do after surgery
- Understand the physical therapist's approach to treating shoulder instability
- Feel comfortable identifying and treating common stress fractures affecting athletes
- Be aware of high-risk stress fractures that should prompt more aggressive diagnostic imaging, therapy and even immediate surgical consultation
- Know the advantages and disadvantages of various imaging modalities for assessing stress fractures
- Evaluate and treat lateral hip pain and understand it is rarely greater trochanteric bursitis, but more often tendinopathy of external rotators
- Understand what evidence exists for athletes who wish to participate in sports after a joint replacement and learn approaches for counseling athletes prior to their joint replacement
- Understand the evidence supporting the need for athletic trainers and AEDs on the sidelines
- Understand the current state of research and the factors that influence implementation of universal cardiac screening in our athletes
- Have a diagnostic approach to an athlete identified as having a suspected cardiac abnormality and know guidelines outlining the level of competition the athlete can return to after a diagnosis

## AMA Credit Designation Statement

Sauk Prairie Healthcare designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Sauk Prairie Healthcare is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

## Additional continuing education credits applied for:

- Wisconsin Physical Therapy Association — submitted for approval to provide up to 5.5 credits
- Athletic Training Board of Certification — submitted for approval to provide up to 5.5 credits

## Policy on Disclosure

It is the policy of Sauk Prairie Healthcare that the faculty, authors, planners, and others who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order to allow CME staff to identify and resolve any potential conflicts of interest. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation(s). Detailed disclosures will be made at the activity.

For more information contact  
Renee Pierce at (608) 643-7199.

## CONFERENCE AGENDA

7:30am	Registration & Breakfast
7:55am	Welcome: <i>Masaru Furukawa, MD</i>
<b>SESSION 1: Shoulder Dislocations</b> <i>Moderated by Masaru Furukawa, MD</i>	
8:00am	Evaluation and Initial Management of Shoulder Dislocations <i>Kristin Navarre, LAT, ITAT</i>
8:20am	Surgical Treatment of Shoulder Dislocations <i>David Marcu, MD</i>
8:40am	Physical Therapy for Shoulder Instability <i>Mandy Krey, PT, DPT, OCS</i>
9:00am	Session 1 Q & A
9:10am	Break
<b>SESSION 2: Lower Extremity Stress Fractures</b> <i>Moderated by David Marcu, MD</i>	
9:30am	Evaluation and Initial Management of Common Stress Fractures <i>Masaru Furukawa, MD</i>
9:50am	High-Risk Stress Fractures: What Not to Miss <i>Andrew Ertl, MD</i>
10:10am	Imaging Stress Fractures <i>Neil Kennedy, MD</i>
10:30am	Session 2 Q & A
10:40am	Break
<b>SESSION 3: The Weekend Warrior Potpourri</b> <i>Moderated by Dave Krey, DO</i>	
11:00pm	Greater Trochanteric Bursitis...or Is It? & Runner's Butt: What Is It and What to Do About It <i>Mark Timmerman, MD &amp; Robert Wright, PT, DPT</i>
11:40pm	The Post-Joint Replacement Athlete <i>David Marcu, MD</i>
12:00pm	Session 3 Q & A
12:10pm	Lunch
<b>SESSION 4: The Athlete's Heart</b> <i>Moderated by Mark Timmerman, MD</i>	
1:00pm	Sideline Management of Athlete Collapse <i>Megan Heimerdinger, MS, LAT, ATC</i>
1:20pm	Pre-participation Cardiac Screening in Athletes <i>Masaru Furukawa, MD</i>
1:40pm	Evaluation of an Athlete with Suspected Cardiac Abnormality <i>Dave Krey, DO</i>
2:00pm	Session 4 Q & A
<b>SESSION 5: Rapid Fire Sports Medicine Cases</b> <i>Moderated by Mark Timmerman, MD</i>	
2:10pm	<i>Megan Heimerdinger, MS, LAT, ATC</i>
2:15pm	<i>Mark Timmerman, MD</i>
2:20pm	<i>Masaru Furukawa, MD</i>
2:25pm	<i>Dave Krey, DO</i>
2:30pm	Final Q & A
3:00pm	Adjourn

\*Agenda subject to change.