

Community Health Needs Assessment



2019-2021

Approved December 17, 2018

Community Health Needs Assessment

Creating Our Healthy Community

January 16, 2019
9:00 – 11:30 am

Compeer Financial
N Ridge Dr,
Prairie du Sac, WI

Join us to discuss strategies of action from our Community Health Needs Assessment.



2019-2021

CONTENTS

Creating Our Healthy Community	2
Welcome to the Community Health Needs Assessment	3
Collaboration is Key.....	4
Executive Summary	4
Status Report from 2015-18 CHNA	5
About Sauk Prairie Healthcare	6
Requirements	6
The Health of Our Community	9
Key Informant Snapshot	12
Key Priorities	16
Transportation	16
An Important Health Issue, but not chosen as a priority.....	21
Additional Needs Sauk Prairie Healthcare will not address and the reasons	21
Growing Healthy Communities with a Healthy Life Initiative Grants	22
Information Gaps.....	22
Making Our CHNA Widely Available to the Public	23
Appendix	23
Community Representation	23
Sauk County Health Department Key Informant Meeting	28
Data Sources	29
Community Health Resource Guide	30

WELCOME TO THE COMMUNITY HEALTH NEEDS ASSESSMENT

Sauk Prairie Healthcare (SPH) is pleased to present the 2019-2021 (2019 Tax Year) Community Health Needs Assessment (CHNA). A CHNA entails collecting demographic and health statistics of Sauk Prairie Healthcare's community, discussing issues with community leaders and organizations, and prioritizing the highest health needs area residents. The goal of this report is to provide residents with a deeper understanding of the health needs in their community, as well as help guide SPH in its community benefit planning efforts and development of an implementation strategy to address the needs described in this document. A plan to address the health needs of the community and finally implementing this plan based on the findings shared in this document will result in our Community Health Improvement Implementation Plan (CHIIIP) which will be finalized by March 2019.

This document represents Sauk Prairie Healthcare's formal commitment to improving the health of our community. This commitment extends to the wonderful partnerships we have with residents and organizations throughout our service area. We are thankful for the engagement and collaboration of many organizations including Sauk Prairie Healthcare Foundation, Sauk County Health & Wellness Coalition, Sauk County Health Department, Prairie Clinic, S.C., the school districts of Lodi, River Valley, Sauk Prairie, and Wisconsin Heights, local and county law enforcement agencies, area fire departments, area ambulance services, the cities and villages of Arena, Black Earth, Mazomanie, Merrimac, Lodi, Plain, Sauk City, Prairie du Sac, and Spring Green, Northwest Dane Senior Services, Reach Out Lodi, Sauk Prairie Wellness Movement, Sauk Prairie Chamber of Commerce, area nursing homes, members of the clergy, and many others.

How do we make a difference in the health of the community we serve? Due to the complexity of this question, relying only on impressions, opinions and anecdotes no longer works when identifying identified needs as getting better or worse. By using a process-and data-driven approach, we can determine if we are making real progress in areas identified as having the greatest need. Since early 2018, we held several focus groups, conducted an extensive survey of residents, and analyzed large amounts of health indicator data to identify the most important unmet health needs of the communities we serve. We recognize that we cannot address every need in the community, so our focus is on those issues that are important to the community and that Sauk Prairie Healthcare can positively impact.

Yours in good health,

Shawn Lerch, FACHE
Chief Executive Officer
Sauk Prairie Healthcare



Collaboration is Key

Sauk Prairie Healthcare is truly fortunate to be a partner of the Sauk County Health and Wellness Coalition. Through the collaborative efforts of the other Coalition partners – Sauk County Health Department, St. Clare/SSM Hospital, Reedsburg Area Medical Center – data collection, information sharing, and priority setting activities were leveraged and applied to each member's CHNA. Members of the Coalition are listed in the Appendix.

EXECUTIVE SUMMARY

Priorities and Goals:

Sauk Prairie Healthcare determined priorities for the 2019-2021 CHNA and strategic implementation plan. Priorities chosen and goals established include:

Mental Health:

- Maintain or decrease the number of poor mental health days in Sauk and Columbia Counties from 3.4 in 2018 by 2021.
- Maintain or decrease the age-adjusted death rate due to suicide in Sauk County from 13.9 per 100,000 in 2018 and in Columbia County from 24.7 in 2018.
- Maintain or decrease the percent of population who experience a lack of social or emotional support in Sauk County from 12.8%.

Eat Smart, Move More (Obesity):

- Maintain or decrease the percent of the population with no leisure time physical activity of Sauk County adult residents from 23% in 2018 and in Columbia County from 22% in 2018.
- Reduce the percentage of adults with a Body Mass Index (BMI)>30 in the SPH Service Area from 34.7% in 2018.



The Sauk Prairie Wellness Movement is a coalition of representatives from the schools, healthcare, local businesses and community organizations who work to improve the health and wellbeing of the community.

Chronic Disease:

- Maintain or reduce the percentage of adults in the SPH Service Area who have been told by a doctor they have diabetes from 5.6% in 2018.
- Maintain or reduce the percentage of adults in the SPH Service Area who report they have high blood pressure from 18.5 in 2018.
- Maintain or reduce the percentage of adults in the SPH Service Area who report they have high blood cholesterol from 19.4% in 2018.
- Maintain or reduce the age-adjusted rate of diabetes among adults 20 and older is 10% and 8% for Sauk and Columbia Counties respectively, compared to the Wisconsin rate of 9%.
- Maintain or reduce the percentage of adults in Sauk and Columbia County who regularly smoke cigarettes from 15.0 percent.

STATUS REPORT FROM 2015-18 CHNA

Data shown below represents the success measurements from Sauk Prairie Healthcare’s previous CHNA.

	2015 (Baseline)	2018 (Target)	2018 (Actual)
Mental Health			
Decrease number of poor mental health days in Sauk County.	2.7 days	2.0 days	3.4 days*
Decrease number of poor mental health days Columbia County.	2.5 days	2.0 days	3.4 days *
Decrease the age-adjusted rate due to suicide in Sauk County.	17.8 per 100,000	15.9 per 100,000	13.9 per 100,000
Decrease the age-adjusted rate due to suicide in Columbia County.	17.7 per 100,000	16.0 per 100,000	24.7 per 100,000

* The method for calculating this measure changed since 2016. Information can be found at Countyhealthrankings.org

	2015 (Baseline)	2018 (Target)	2018 (Actual)
Eat Smart and Move More			
Decrease the percent of the population with no leisure time/physical activity in Sauk County.	26.0%	24.0%	23.0%
Decrease the percent of the population with no leisure time/physical activity in Columbia County.	22.0%	21.0%	22.0%
Reduce percentage of adults in the SPH service area with Body Mass Index (BMI) greater than 30.	34.6%	32.0%	34.7%

	2015 (Baseline)	2018 (Target)	2018 (Actual)
Chronic Conditions			
Reduce the percent of adults in the SPH service area who have been told by a medical provider they have diabetes.	6.0%	5.0%	5.6%
Reduce the percent of adults in the SPH service area who have been told by a medical provider they have high blood pressure.	20.0%	18.0%	18.5%

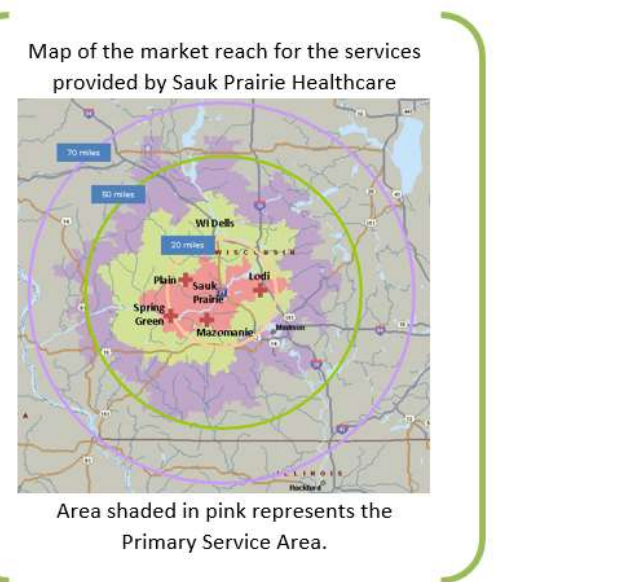
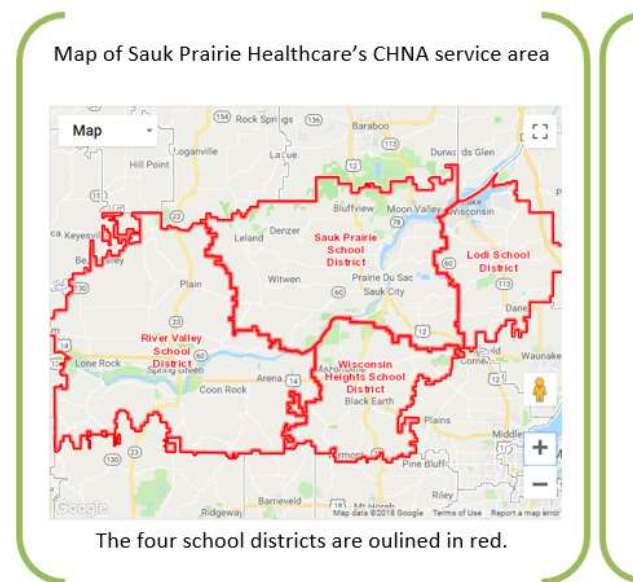
ABOUT SAUK PRAIRIE HEALTHCARE

Sauk Prairie Healthcare, founded in 1956, is an independent, not-for-profit association model 501(c)(3) corporation headquartered in Prairie du Sac, Wisconsin. SPH is locally governed by an 11 member board of community members. SPH operates four primary care clinics, three specialty clinics (orthopedics, general surgery, and cardiac/sleep/diabetes), an outpatient rehabilitation and wellness facility, and a 36-bed acute care hospital. In 2014, SPH opened its new hospital facility on a new campus and present on the new campus are multi-specialty clinics operated by Dean Healthcare and the University of Wisconsin Hospital & Clinic, single-specialty clinics operated by Advanced Pain Management and Prairie Clinic, S.C., (OB/Gyn), and Home Health United which provides medical supplies and equipment.

About Our Community

For market analysis purposes, Sauk Prairie Healthcare defines its primary service area as a 12 zip code area covering 700 square miles in which approximately 42,000 people reside. For purposes of this CHNA, a very similar boundary will be used, but it is defined by the boundaries of the Lodi, Sauk Prairie, Wisconsin Heights, and River Valley school districts instead of zip code boundaries. The population of this area is 41,116. In some cases throughout this report, due to population-based reporting limitations, goals must be set and data must be reported at the county level.

Service Area



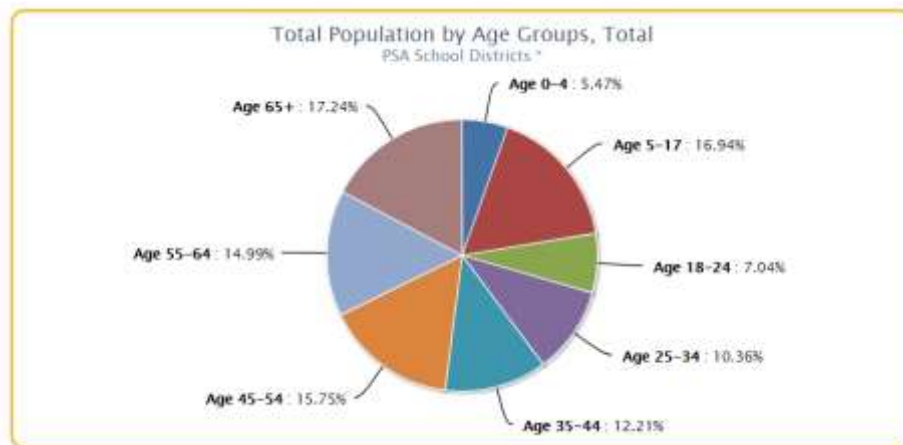
Requirements

With the passage of the Patient Protection and Affordable Care Act (ACA), IRS Code 501(r)(3) requires all non-profit hospitals submit a Community Health Needs Assessment (CHNA) every three years. This CHNA is in effect as of January 1, 2019. Sauk Prairie Healthcare last published a CHNA in 2016.

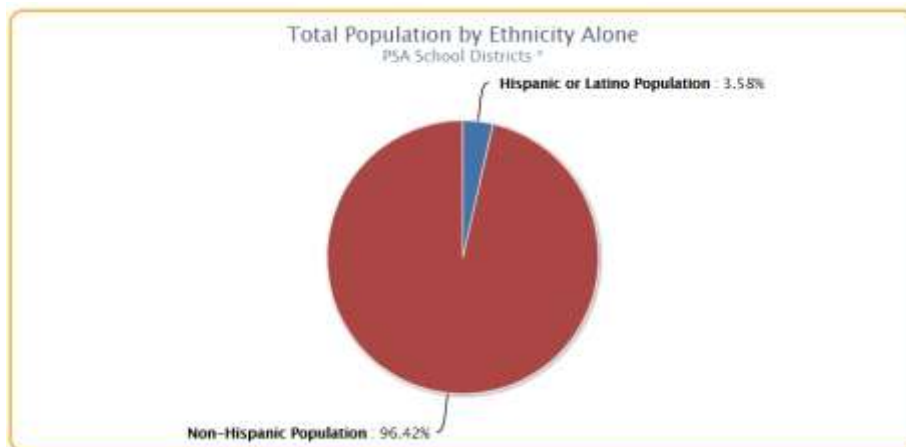
Demographic Snapshot

AGE GROUPS

Compared to the State of Wisconsin, the Sauk Prairie Healthcare service area is slightly over represented in both the middle age (45-54) and the older age categories (55-64 and 65+). SPH's population is also slightly under represented in the young adult (18-24) and adult population (25-34) as compared with the State of Wisconsin. High school graduation rates are high and household income is relatively high. There is little racial and ethnic diversity compared to the United States and Wisconsin.



ETHNICITY: HISPANIC/LATINO POPULATION



The estimated population that is of Hispanic, Latino, or Spanish origin in the report area is 1,473. This represents 3.58% of the total report area population, which is significantly less than the national 17.33% rate. Origin can be viewed as the heritage,

nationality group, lineage, or country of birth of the person or the person's parents or ancestors before their arrival in the United States. People who identify their origin as Hispanic, Latino, or Spanish may be of any race.

EDUCATION – GRADUATION RATE

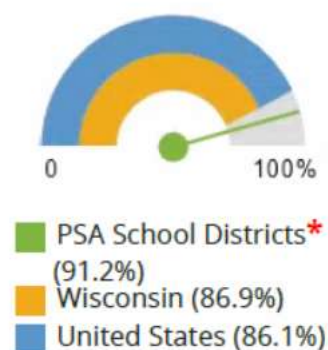
Within the report area 91.2% of students are receiving their high school diploma within four years. Data represents the 2015-2016 school year. This graduation rate exceeds both WI (86.9%) and the US (86.1%). This indicator is relevant because research suggests education is one the strongest predictors of health. This indicator is relevant because research suggests education is one the strongest predictors of health ([Freudenberg & Ruglis, 2007](#)).



On-Time Graduation, Rate by School District (Secondary), ED Facts 2015-16



Cohort Graduation Rate



INCOME – PER CAPITA INCOME

The per capita income for the report area is \$32,649. This includes all reported income from wages and salaries as well as income from self-employment, interest or dividends, public assistance, retirement, and other sources. The per capita income in this report area is the average (mean) income computed for every man, woman, and child in the specified area. The SPH service area has a per capita income that exceeds the state and nation averages. However, considerable disparity is when the per capita income is compared by ethnicity. Data indicates that the Hispanic/Latino population has per capita income less than half that of the Non-Hispanic/Latino population.

CHILDREN ELIGIBLE FOR FREE/REDUCED PRICE LUNCH

Percent Students Eligible for Free or Reduced Price Lunch



Within the report area 4,172 public school students or 23.5% are eligible for Free/Reduced Price lunch out of 17,753 total students enrolled. This indicator is relevant because it assesses vulnerable populations which are more likely to have multiple health access, health status, and social support needs. Additionally, when combined with poverty data, providers can use this measure to identify gaps in eligibility and enrollment. The percent of student eligible for free or reduced price lunch is lower than the state of Wisconsin (39.89%) and the U.S (52.61%).

THE HEALTH OF OUR COMMUNITY

Several sources of data were used to produce this report including Community Commons analytics platform which include up-to-date, publicly available data for approximately 100 community indicators. Other important data sources include the Wisconsin County Health Rankings, Sauk County Health & Wellness Coalition Survey 2018, and Centers for Disease Control and Prevention.



The Heart Zones System, funded by Sauk Prairie Healthcare Foundation, uses fitness technology in the schools to engage, assess and motivate physical activity in all of Sauk Prairie Healthcare communities.

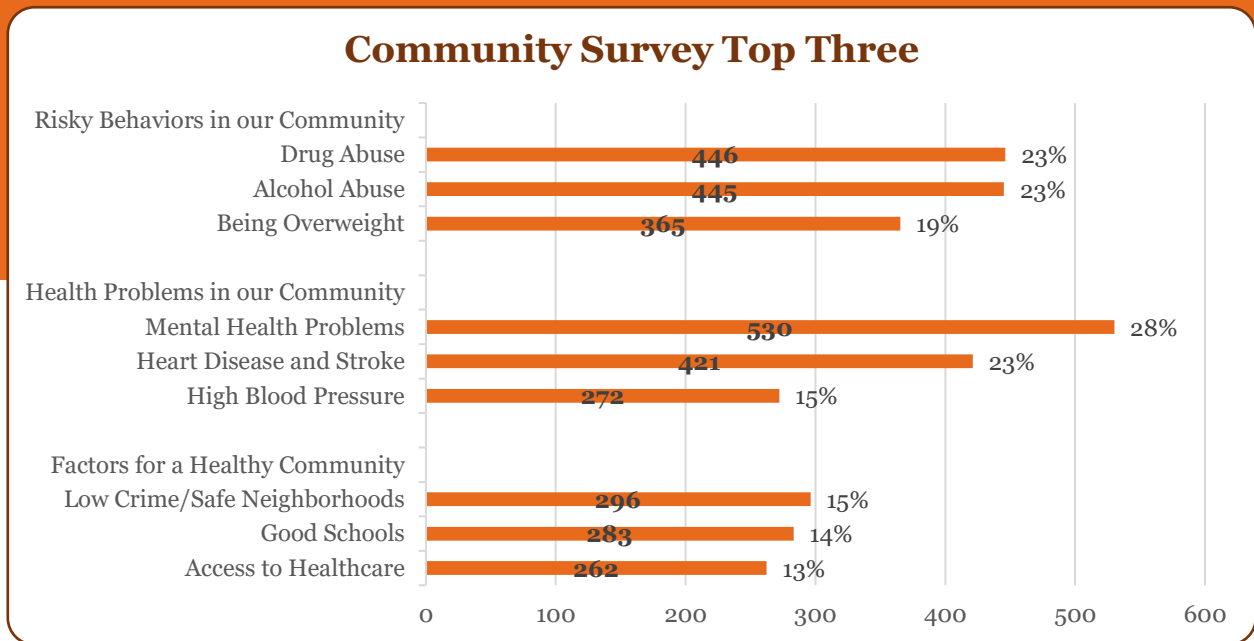
An important source of primary data for this assessment was a survey that was distributed throughout Sauk County and communities in other counties served by the hospitals in the Sauk County Health & Wellness Coalition.

The Coalition created the survey and all question underwent a health literacy review. The survey was conducted over a four-month period. Information about the administration of the survey is shown below:

- The coalition made the survey available both online and in written format. Diverse populations had access to translators to complete the survey form.
- The 110 question survey covered a wide range of topics from access to care, quality of life, chronic disease, demographics, community health perceptions, health care access, physical activity, nutrition, abuse, safety, alcohol and drug use, community resiliency and lifestyle factors.
- The survey database (SurveyMonkey) used skip logic to only show questions relevant to the survey respondent in regards to their answers to previous questions.
- The survey was promoted in various ways:
 - Newspaper ads in the Baraboo News Republic, Reedsburg Times Press, Wisconsin Dells Events and the Sauk Prairie Eagle
 - Online advertisements on websites and social media sites for each entity in the Health and Wellness Coalition
 - Radio interviews on WPQR Baraboo and the Magnum Radio Group stations
 - Media articles sharing purpose and information surrounding the survey
 - Internal communications within the Coalition entities

- Local events such as the Sauk County Fair and Baraboo Circus Parade
- Flyers advertising the survey were created and distributed at events
- Flyers were also handed out to local organizations including libraries, Aging and Disability Center (ADRC), Veteran’s Office, The Department of Human Services, grocery stores and local businesses
- 592 surveys were needed to have a confidence level of 95% and a 4% margin of errors since the SPH service area has a total population of approximately 42,000. There were 648 valid responses to the survey from respondents from the SPH service area.
- Once the survey responses were tabulated, the survey results were evaluated and analyzed for health and demographic trends.
- The full results were distributed to, and discussed by, the coalition in bi-weekly meetings.

Selected Survey Findings



- Body Mass Index calculations indicate that more than 2 of 3 respondents (68.6%) are “overweight” (32.9%) or “obese,” (34.7%) while one in three (30.9%) are within the “normal” range.
- More than 8 in 10 (81%) respondents think their community is “Somewhat Healthy” or “Very Healthy.” Respondents at lower household income levels (less than \$50K/year) gave slightly lower ratings than those in higher income levels.
- Almost 9 in 10 (87.1%) respondents said their health is “Good,” “Very Good,” or “Excellent.” When stratified by Household Income, respondents at higher income levels report higher percentages of “Very Good” or “Excellent” health.

- The SPH service area has a high level of health coverage with 86.1% of respondents reporting they have employer-sponsored plans. This finding is consistent with the area's low level of unemployment.
- More than 1 in 10 (11%) of respondents (or members of their household) report not taking prescription medication due to cost.
- More than 1 in 10 (12%) of respondents (or members of their household) report avoiding medical care in the past year. Cost and lack of insurance coverage were cited by 2 of 5 (41.1%) respondents who said they avoided care.
- More than 1 in 10 (12.8%) of respondents (or members of their household) report avoiding dental care in the past year. Cost and lack of insurance coverage were cited by 3 of 4 (77%) respondents who said they avoided dental care.
- Nearly 1 in 12 (8.6%) of respondents report they did not receive the mental health care they thought they needed in the last 12 months. Cost and lack of insurance coverage were cited by 2 of 5 (43.6%) of those respondents who did not receive care. One in four (25.5%) respondents said they were unable to get an appointment.
- Three of five respondents (60.2%) report that they do not have advance health care plan, living will, or healthcare power of attorney stating their end-of-life care wishes. Generally speaking, respondents at lower income levels (Less than \$50K/year) tend to be less likely to have an advance health plan in place compared to those at higher income levels (More than \$75K/year). However, the differences among education levels does not appear correlative.
- More than 3 of 4 (75.9%) respondents report they received a flu shot in the past 12 months.
- Almost 1 of 5 (18.5%) respondents said they have been treated for high blood pressure in the past three years. Almost all of these respondents report their high blood pressure is controlled through medication, exercise, or lifestyle changes.
- Almost 1 of 5 (19.4%) respondents said they have been treated for elevated cholesterol levels in the past three years. Four of five (82%) respondents report their high cholesterol is controlled through medication, exercise, or lifestyle changes.
- More than 1 of 5 (22.5%) respondents said they have been treated for or told by a medical professional that they have a mental health condition such as an anxiety disorder, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder, or depression in the past three years. Of the respondents responding in the affirmative to this question, 1 of 8 (13%) report their mental health condition is not controlled.
- Slightly more than 1 of 20 (5.6%) respondents said they have been told by a medical provider they have diabetes the past three years. Almost all (86%) respondents report their diabetic condition is controlled through medication, exercise, or lifestyle changes. Findings from the survey differ from County Health Rankings data which indicates 10% (error margin 7%-12%) of adults in Sauk County over 20 years old have diabetes.

Key Informant Snapshot

Wisconsin Heights

Black Earth Village Hall,

2/27/2018, 7 participants and 8/13/18, 9 participants

Mental Health

- NWDSS – Dane county = 1/3 of funding (9 municipalities/ 3,500 people)
- Concern for adolescent suicidal tendencies, lack of coping and communication skills
- Wisc Heights has recently hired a social worker
- Joining Forces Dane County worker is stretched too thin to be effective

Alcohol and Drug Use

- Vivitrol – wrap around services could be stronger in WH area
- Lack of transportation to counselor
- Too many drugs accessible / very easy or available
- Young take advantage of elderly for money and drugs

Social and Family Dynamics

- Elderly isolation
- Community Caretaker (Care Track program wanderguard)
- Lack of dementia and Alzheimer's care support systems and respite care for the elderly

Nutrition / Activity

- New Heights Unlimited has a food pantry for community
- Community seen as a food desert
- NWDSS currently makes grocery runs, but food availability is limited especially for low income

Gaps/Lack of Transportation

- Those of all ages need transportation to/from medical appointments and food resources
- Lack of transportation leads to isolation especially among the elderly

Other Issues

- Need for a local pharmacy
- Need for Wellness Coalition
- Need for affordable housing as well as in-home aging services for elderly

Lodi

Lodi Community Library

02/26/2018, 8 participants and 08/16/2018, 12 participants

Mental Health

- Schools are working to address childhood trauma
- School LCSW
- Childhood depression / coping issues - resulting from cyber talk
- Teacher/parenting on this issue is challenging
- Community needs access to child psychiatry

Alcohol and Drug Use

- Heroin and opiates in the past, now moving to crack and meth
- Columbia County drug court works, but doesn't cover all in need
- Vaping is a problem that is growing
- Marijuana - see CBD oil

Social and Family Dynamics

- Elderly isolation and depression
- Local homeless services are at capacity
- Elderly abuse issues
- Lack of knowing available resources or support in the area

Gaps/Lack of Transportation

- Those of all ages need transportation to/from medical and dental appointments and food resources
- Lack of transportation leads to isolation especially among the elderly
- "Care team" at Blessed Trinity - give rides to Madison providers

Other Issues

- Need for affordable housing as well as in-home aging services for elderly
- Lack of local employment opportunities so much of community work out of town
- Need for Wellness Coalition to get many organizations collaborating:
 - Rotary
 - Optimists
 - Ice age Trail
 - ROL
 - Lions
 - LCAT
 - School/Crew
 - Churches
 - Library
 - City/town
 - Childcare



*Discussion revolving
around community
health needs*

Sauk Prairie

Sauk Prairie Hospital

02/12/2018, 10 participants, 02/21/2018, 11 participants, 07/05/2018, 12 participants, 08/23/2018, 15 participants and 09/12/2018, 6 participants

Mental Health

- Ag Labor - sleep deprived and lack of literacy resources for 2nd/3rd shift workers
- EMT increasing calls for mental health issues
- Bullying among adolescents
- Kids spend too much time on electronics - inability to communicate with others
- Suicide ideations (Sauk County - high rate of 51.15 commitments)
- Hispanic children are scared for their family's safety. Causes anxiety and depression
- Elderly issues are being seen:
 - depression and isolation
 - money driving care/lack of care
 - lack of transportation for psych services
 - safe environment for referred patients
 - loss of independence & support systems
 - local mental health services needed

Alcohol and Drug Use

- Continued opioid epidemic - CARE program works with Good Neighbor Clinic, but some patients are turning to meth
- Vaping is on the rise
- Hispanic community members have alcohol problems- shared that culture has always drank a lot, but when people become depressed, it becomes a bigger issue

Nutrition / Fitness

- Cooking issues - empty nesters and elderly are unable to cook for 1-2
- "pre" seniors don't get access to ARDC & community center programs
- With lower economic families, sometimes parents are at work when kids are home so kids don't eat well or do homework, etc.
- Hispanic community members are seeing increase in diabetes - poor nutrition
- Hispanic community members are seeing increase in obesity - lack of time to cook and lack of knowledge to cook healthy good nutrient filled foods, not sure on how read food labels correctly.

Gaps/Lack of Transportation

- Those of all ages need transportation to/from medical and dental appointments and food resources
- Lack of transportation leads to isolation especially among the elderly
- Limitations with existing taxi service (hours, cost)
- Hispanic population - 3 strikes and jail then (mostly likely) deportation so only drive to/from work

Other Issues

- Lack of housing diversity / Community lacks tolerance to diversity
- Racial/ethnic intolerance about school choice
- Intensive health literacy needs individuals are not receiving necessary time for care and instructions
- Lack of health literacy
- Materials from HD missing the mark for Spanish non- readers

River Valley & Plain

Kraemer Library, Plain, 02/22/2018, 8 participants

Spring Green Library, 03/01/2018, 5 participants, 08/27/2018, 11 participants

Mental Health / Alcohol and Drug Use

- Stress – Financial and Medical – leads to:
 - people being ill
 - wait too long to get help
 - self-med themselves
 - overdose

Nutrition / Fitness

- Need for cooking skills
- Need for preventative lifestyle

Social and Family Dynamics

- Aging in Place obstacles (Spring Green is disproportionate toward aging) such as transportation, less support services, and Social network/family gone

Gaps/Lack of Transportation

- No public transportation (except Jim Thering)
- MTM – but this is not practical
- Those of all ages need transportation to/from medical and dental appointments and food resources
- Lack of transportation leads to isolation especially among the elderly

Other Issues

- Exodus of young from the community
- Affordable low income housing is nonexistent (APT Staff or School District)
- Working poor issues are seen in the community including:
 - Navigate system (ie Healthcare)
 - No dental (because of access or funding)
 - No eye care
 - no primary care
 - lack of email
 - one event can/will put these people over the edge
- Need for Wellness Coalition to get many organizations collaborating (4PeteSake and churches)
- EMS volunteers needed
- Bike friend paths and safe roads needed
- Navigation of healthcare system

Transportation

During SPH's Key Informant interviews, the recurring issue regarding the lack of transportation available to those populations in need was brought to the surface. Specific issues cited include difficulty getting to and from medical and dental visits, grocery shopping, traveling to and from work, and the ability to attend social activities. Other members of the Sauk County Health and Wellness Coalition reported hearing similar issues at their community input sessions.

This issue was not identified by SPH and the Coalition as a community health priority, rather it is considered an issue that affects each of the stated priority areas of each organization. To the degree possible, Transportation will be addressed as a key component of our Community Health Improvement Implementation Plan (CHIIP).

KEY PRIORITIES

Based on the input and research described throughout this document, Sauk Prairie Healthcare determined priorities for the 2019-2021 CHNA and strategic implementation plan.

Mental Health

Mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with normal stresses of life, can work productively and is able to make a contribution to his or her community (World Health Organization, 2014). Without treatment, the consequences of mental illness for the individual and society can include disability, unemployment, substance abuse, homelessness, incarceration, and suicide. Approximately 1 in 5 adults (18.5%) in the U.S. experiences mental illness in a given year (this statistic is the same for the SPH service area). The economic cost of untreated mental illness is more than \$193 billion in lost earnings each year in the US (National Alliance on Mental Illness, 2018).

According to the National Institute of Mental Health, an estimated 9.8 million American adults have a seriously debilitating mental illness. Suicide is the 10th leading cause of death in the US, and more than 90% of people who die by suicide show symptoms of a mental health condition (National Institute of Mental Health).

Of the 14 choices listed on the 2018 Sauk County Health & Wellness Coalition survey, mental health was ranked the most significant health problem in the SPH service area. Specific categories of mental health identified included depression, anxiety, and coping.

The main concern with mental health in the community is limited access and the lack of mental health facilities and providers. Our Key Informant groups consistently cited terms like "alienation" and "isolation" as mental health-related factors among youth and the elderly.

Additional Information:

- The 2018 Wisconsin County Health Rankings show that in the past 30 days, respondents had an average of 3.4 mentally unhealthy days in Sauk and Columbia Counties.
- Statistics from the 2018 Sauk County Health & Wellness Coalition survey show (SPH area respondents only):
- 22.5% of respondents reported being treated for or told by a doctor that they have a mental health condition.
- 28.4% of respondents reported feeling sad, blue or depressed at least sometimes in the past month.
- Nearly 1 in 12 (8.6%) of respondents report they did not receive the mental health care they thought they needed in the last 12 months. Cost and lack of insurance coverage were cited by 2 of 5 (43.6%) of those respondents who did not receive care. One in four (25.5%) respondents said they were unable to get an appointment.

Goals:

- Maintain or decrease the number of poor mental health days in Sauk and Columbia Counties from 3.4 in 2018 by 2021.
- Maintain or decrease the age-adjusted death rate due to suicide in Sauk County from 13.9 per 100,000 in 2018 and in Columbia County from 24.7 in 2018.
- Maintain or decrease the percent of population who experience a lack of social or emotional support in Sauk County from 12.8%.



Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports.

Eat Smart, Move More

Obesity (including poor nutrition and lack of physical activity)

Obesity is defined as a life-long, progressive, life-threatening, genetically related, and costly disease of excess fat storage. This disorder is associated with illnesses directly caused or worsened by significant weight. Morbid obesity (or clinically severe obesity) is defined as being over 200% of ideal weight, more than 100 lbs overweight, or a body mass index (BMI) of 40 or higher, at which serious medical conditions occur as a direct result of the obesity. Obesity and unhealthy weight management can also contribute to the development of other diseases, such as diabetes and heart disease.

Throughout the US, the number of individuals considered overweight or obese continues to rise. In addition to being costly for the nation's health care system, obesity also can lead to, or complicate, other health conditions including heart disease, stroke, diabetes and certain types of cancer.

Obesity continues to be a growing issue in the Sauk and Columbia County communities. Of 18 choices on the 2018 Sauk County Health and Wellness Coalition survey, being overweight was ranked the third most important risky behavior.

Lack of physical activity is one of the main contributors of obesity. This issue was discussed at all of the Key Informant Focus Groups. Given the wide variety of venues to be physically active, there may be a lack of interest in utilizing the areas resources that encourage exercise and motion.

Community walkers join together with local providers to improve fitness while socializing with Sauk Prairie Healthcare's Walk with a Doc program.

According to Community Commons, the number of fast food restaurants per 100,000 population is 82.5, compared to the state rate of 63.95 and the U.S. rate of 77.06. The presence of these types of restaurants does not in and of itself cause obesity. This indicator is relevant because it provides a measure of healthy food access and environmental influences on dietary behaviors.



Additional Information:

The percentage of adults who are obese (report a BMI of 30 or more) is 31% in Sauk County and 35% in Columbia County, both the same as or higher than 2015 reports of 30% and 35% in Sauk and Columbia Counties respectively. Statistics from the 2018 Sauk County Health & Wellness Coalition survey show (SPH area respondents only):

- Only 31% of respondents reported a healthy BMI.
- 33% of respondents reported an overweight BMI.
- 35% of respondents reported an obese BMI.
- Only 18% of respondents reported being physically active for five days or more.
- 32% of respondents reported being physically active for one day or less.
- 23% of Sauk county SPH service area respondents reported having no leisure-time physical activity.

Goals:

- Maintain or decrease the percent of the population with no leisure time physical activity of Sauk County adult residents from 23% in 2018 and in Columbia County from 22% in 2018.
- Reduce the percentage of adults with a Body Mass Index (BMI)>30 in the SPH Service Area from 34.7% in 2018.
- Reduce the baseline average recover rate among SPH community kids utilizing the Heart Zones technology during the 2018-2019 school year.

Chronic Disease

According to the Centers for Disease Control, chronic diseases are broadly defined as conditions that last one or more years and require ongoing medical attention and/or limit activities of daily living. As of 2016, approximately 60 percent of all adults nationwide had one or more chronic health conditions and one of four had two or more. Leading causes of chronic conditions include poor nutrition and lack of physical activity. Other major risk behaviors that cause these conditions include tobacco use (including secondhand smoke) and excessive alcohol use.

Chronic disease burden is more highly concentrated among high-risk populations. The poor are more vulnerable to chronic diseases because of material deprivation and psychological stress, higher levels of risky behavior, unhealthy living conditions and limited access to good-quality healthcare.

From the Sauk County Health & Wellness Coalition survey, of the 14 choices of the most important health problems in SPH service area, heart disease and stroke were ranked the second and third.

Additional Information: Statistics from the 2018 Sauk County Health & Wellness Coalition survey (SPH area respondents only) and the County Health Rankings show:

- 63% of respondents received a routine check-up in the last year.
- 57% of respondents received cholesterol testing in the last year.
- 19% of respondents report they have high cholesterol, most of whom say it is under control.
- 56% of respondents received an eye exam in the last year.
- 19% of respondents reported being treated for/told by a doctor in the last 3 years that they have high blood pressure.
- 4% of respondents reported being treated for/told by a doctor in the last 3 years that they have heart disease.
- 6% of respondents reported being treated for/told by a doctor in the last 3 years that they have diabetes.
- 3% of respondents reported being treated for/told by a doctor in the last 3 years that they have cancer.
- 15% of Sauk and Columbia County adults are currently smokers. This indicator is relevant because tobacco use is linked to leading causes of death such as cancer and cardiovascular disease.

Goals:

- Maintain or reduce the percentage of adults in the SPH Service Area who have been told by a doctor they have diabetes from 5.6% in 2018.
- Maintain or reduce the percentage of adults in the SPH Service Area who report they have high blood pressure from 18.5 in 2018.
- Maintain or reduce the percentage of adults in the SPH Service Area who report they have high blood cholesterol from 19.4% in 2018.
- Maintain or reduce the age-adjusted rate of diabetes among adults 20 and older is 10% and 8% for Sauk and Columbia Counties respectively, compared to the Wisconsin rate of 9%.
- Maintain or reduce the percentage of adults in Sauk and Columbia County who regularly smoke cigarettes from 15.0 percent.



Participants in Sauk Prairie Healthcare's Prevent T2 Lifestyle Change program learn to how to enjoy a moment of activity while working indoors.

ADDITIONAL NEEDS SAUK PRAIRIE HEALTHCARE WILL NOT ADDRESS AND THE REASONS

There is no limit to the number of issues to which a healthcare institution could devote resources. Time, people, and money often are limiting factors for why we cannot do more. However, prevailing wisdom suggests an organization like SPH must focus on a few high priority projects and make every effort to avoid duplication and encourage collaboration and coordination with other organizations and community groups. As SPH assessed unmet health needs and determined its priorities, we also evaluated those issues we could not address or were being addressed by others.

Alcohol abuse has increased the amount of traffic collisions in Sauk and Columbia Count. While alcohol abuse is not an identified priority, SPH is able to care for patients with acute alcohol-related conditions until other resources are identified.

High rates of unintentional injury and traffic crashes are being addressed by others including law enforcement and state level experts through initiatives such as mandatory seat belt laws, speed limit enforcement, and “no texting while driving” laws.

The lack of dental care in the community is a prevalent issue, and SPH funds the Seal-a-Smile program. As a medical care provider, SPH is not able to dramatically impact the provision of dental care. Many people do not receive the dental care they need because they either cannot make an appointment, do not have the transportation to get to an appointment or due to lack of insurance/money. SPH will continue to support the programs it currently funds.

Cancer is being addressed by SPH within its scope of services. Patient needs that fall outside our clinical capabilities are addressed by the tertiary healthcare providers located in nearby Baraboo and Madison, WI. SPH employs a Women’s Health Nurse Navigator program which has proven very helpful in helping breast cancer patients through their clinical journey.

An Important Health Issue, but not chosen as a priority

Throughout the data collection process, Alcohol and Drug Abuse was high priority issue, especially the current problems associated with opioid use and addiction. However, this issue was not selected as one of SPH’s top priorities because the Sauk County Partnership for Prevention and Recovery (SCPPR) serves to provide the same programming SPH would offer if sufficient funds were available and the SCPPR did not exist. SPH supports employee participation with SCPPR and collaborates in their programming efforts.

SCPPR coordinates the following programs:

Save a Life with a Spray:
Narcan Trainings

Bi-lingual training of area residents in the use of Narcan.

Overdose Death Review Team: Investigation and analysis of deaths due to overdose. The team has developed 22 recommendations to help prevent future overdose deaths.

Education and Community Outreach:

The coalition meets monthly. Recently, they have coordinated with the WI Attorneys General office on a targeted promotional campaign to raise awareness about the importance of properly storing prescription narcotics. They also plan education events at area schools over the next several months.

GROWING HEALTHY COMMUNITIES WITH A HEALTHY LIFE INITIATIVE GRANTS

Sauk Prairie Healthcare Foundation offers Healthy Life Initiative grants as part of our mission to advance the health of our communities. We've supported the Ice Age Trail Alliance's Summer Saunters program involving kids in hiking and nature. We've bought bike helmets and car seats for children and exercise equipment for senior fitness programs. We've supported the Wisconsin Heights Community Garden and school gardens in Sauk Prairie and Lodi. We've sponsored community Mental Health First Aid. That's just a small sampling of what our Healthy Life grants have accomplished. Thanks to our generous donors, we've been able to provide over \$250,000 in funding since 2004. \$25,000 in Healthy Life grants were recently approved for 2019.



CPR Trainings in Plain

INFORMATION GAPS

That limit Sauk Prairie Healthcare's ability to assess all of the community needs

Sauk Prairie Healthcare observes that, while some health status indicators for the areas we serve are better than average, they may still represent problems that are highly prevalent, place a heavy burden on our population and might be worsening or fall short of benchmarks.

In addition, aggregate health data for the entire population often masks the impact on a particular subset group. There may be an information gap from the input that was received from the Hispanic population. The Sauk County Health & Wellness Coalition found connecting with this population extremely challenging. SPH will work with local coalitions to obtain input for how to better serve these communities. Improving communication among all agencies, services, and community organizations was a desire expressed at each of the Key Informant meetings we held. As a result, SPH will commit to coordinating bi-annual coalition meetings in each of the communities (school districts) we serve. Currently, this approach is being used in Sauk Prairie with the Sauk Prairie Wellness Movement.

MAKING OUR CHNA WIDELY AVAILABLE TO THE PUBLIC

Upon approval by the SPH Board of Directors, this document will be made available through a variety of communication channels including: posting on the Sauk Prairie Healthcare website, Facebook announcements, notification to all Key Informants who participated in focus groups, emails to SPH employees and medical staff, and notification to area newspapers.

APPENDIX

Community Representation

Monday, August 13
 Black Earth Village Hall
 1210 Mills St, Black Earth, WI

FIRST	LAST	TITLE	ORGANIZATION
Shellie	Benish	Village Clerk-Treasurer	Village of Black Earth
Ken	Carlson	VP, Planning & Business Dev.	Sauk Prairie Healthcare
Paulette	Glunn	Executive Director	Northwest Dane Senior Services
Peter	Huebner	Village Administrator	Village of Mazomanie
Brenda	Humbracht	Bus. Dev. Analyst	Sauk Prairie Healthcare
Janelle	Hupp	Dr.	Sauk Prairie Healthcare
James	Kartman	Officer	Black Earth (am)
Francine	Rask	Serve & Care Coordinator	Second Harvest Mobile Food Pantry
Marybeth	Schall	Owner	Base Camp

Thursday, August 16
 Lodi Woman's Club Public Library
 130 Lodi St.

FIRST	LAST	TITLE	ORGANIZATION
Ken	Carlson	VP, Planning & Business Dev.	Sauk Prairie Healthcare
Cindy	Fischer	Coordinator of Pastoral Care	Blessed Trinity Catholic Church
Craig	Freitag	Lieutenant	Lodi Police Department
Brenda	Humbracht	Bus Dev Analyst	Sauk Prairie Healthcare
Diana	Karls	Director of Comm. Ed. & Rec	Lodi Community Action Team
David	Krey	Dr.	Lodi Clinic
Carla	Peck	Vice President - Physician Services & Performance Excellence	Sauk Prairie Healthcare
Steven	Ricks	Coalition Chair	Lodi Community Action Team
Russ	Schafer	EMS Director	Lodi Area EMS
Jim	Schmiedlin	President/Executive Team	Reach Out Lodi
Penny	Schmiedlin	active citizen	Reach Out Lodi
Cassidy	Walsch	Health Educator	Sauk County Health Dept.

Thursday, August 23
 Sauk Prairie Hospital
 260 26th Street, Prairie du Sac

FIRST	LAST	TITLE	ORGANIZATION
Ken	Carlson	VP, Planning & Business Dev.	Sauk Prairie Healthcare
Niki	Conway	Clerk/Treasurer	Village of Prairie du Sac
Paul	Fiscus	Administration	Maplewood Nursing Home
Tywana	German	Executive Director	Sauk Prairie Area Chamber of Commerce
Travis	Hilliard	Lieutenant	Sauk Prairie Police Department
Brenda	Humbracht	Bus Dev Analyst	Sauk Prairie Healthcare
Amy	Lindloff	Clinic Administrator	Prairie Clinic
Beth	Martinka	Director - OB	Sauk Prairie Healthcare
Ellen	Mast	President / Board President	Good Neighbor Clinic
Laura	President-Seeley	MSW	SSM Health at Home
Eric	Scheunemann	Physical Education Teacher	Sauk Prairie Schools
Tom	Sullivan	Dr.	Good Neighbor Clinic
Cliff	Thompson	Superintendent	Sauk Prairie School District
Cassidy	Walsh	Health Educator	SCHD
Kevin	Weber	Director	SP Ambulance

Monday, August 27
 Spring Green Community Library
 230 E Monroe St, Spring Green

FIRST	LAST	TITLE	ORGANIZATION
Danielle	Bernacchi	APNP	Upland Hills Health
Tara	Buringa	EMT	Spring Green Fire & Ambulance
Ken	Carlson	VP, Planning & Business Dev.	Sauk Prairie Healthcare
Kim	Emerson	Patient Family Services	Upland Hills Health
Tim	Gittings	APT Core Company	American Players Theatre
Brenda	Humbracht	Bus Dev Analyst	Sauk Prairie Healthcare
Karin	Miller	Business Owner	General Store
Jaime	Radtko	EMS	Spring Green Fire & Ambulance
Cassidy	Walsh	Health Educator	SCHD
Tom	Wermuth	Superintendent	River Valley School District
Tina	White	Marketing Director	Upland Hills Health

Wednesday, September 12
 6:8 Inc.
 808 Industry Road, Sauk City

FIRST	LAST	TITLE	ORGANIZATION
Ken	Carlson	VP, Planning & Business Dev.	Sauk Prairie Healthcare
Brenda	Humbracht	Bus Dev Analyst	Sauk Prairie Healthcare
Sarah	Ramthun	Executive Director	6:08
Joyce	Schoepp	Mentorship Program	6:8 / Food Pantry
Carolyn	Ensminger	Administrative Assistant	6:08
Kristine	Revak	Garden and Meal Program	6:08

The following meetings were held as part of Sauk Prairie Healthcare's strategic planning process. A portion of each meeting was spent discussing community health needs.

Monday, February 12, 2018
 Sauk Prairie Healthcare
 260 26th Street, Prairie du Sac WI

FIRST	LAST	Industry Area
Jim	Anderson	Municipal
Susan	Baumann-Duran	Education
Jeff	Boll	Business
Ann	Calhoun	Business
Ken	Carlson	Sauk Prairie Healthcare
Paul	Fiscus	Nursing Home
Tywana	German	Community / Chamber of Commerce
Shawn	Lerch	Sauk Prairie Healthcare
John	Lehann	Education / Fitness
Fred	Rilling	Clergy
Emily	Udelhoven	Fitness

Monday, February 21, 2018
 Sauk Prairie Healthcare
 260 26th Street, Prairie du Sac WI

FIRST	LAST	Sector
Jim	Anderson	Village / Municipal
Ken	Carlson	Sauk Prairie Healthcare
Lindsey	Giese	Entertainment
Travis	Hillard	Police
Lisa	Krayer	Schools / Nutrition
Rael	LaBreche	Business
Shawn	Lerch	Sauk Prairie Healthcare
Eric	Schuenemann	Schools / fitness
Cliff	Thompson	Schools
Emily	Udelhoven	Fitness
Ed	White	Sauk County

Thursday, February 22, 2018
 Kraemer Library
 910 Main St, Plain, WI

FIRST	LAST	Industry Area
Ken	Carlson	Sauk Prairie Healthcare
Diane	Kraemer	Community
Kevin	Kraemer	Community / Industry
Lisa	Ruhland	Community / Finance
Dick	Marino	Community / Sauk Prairie Healthcare
Nick	Ruhland	Community / Municipal
Ray	Ruhland	Community / Municipal
Ray	Ring	Municipal

Monday, February 26, 2018
 Lodi Medical Clinic
 160 Valley Dr., Lodi, WI

FIRST	LAST	Industry Area
Ken	Carlson	Sauk Prairie Healthcare
Paul	Fisk	Municipal
Diana	Karls	Schools / Community
Renee	Nair	Business
Ashley	Nedeau-Owen	Community / Municipal
Steven	Ricks	Community
Jim	Schmiedlin	Community
Matt	Vanderkooi	Healthcare

Tuesday, February 27, 2018
Black Earth Village Hall
1210 Mills St, Black Earth, WI

FIRST	LAST	Industry Area
Shellie	Benisch	Municipal
Ken	Carlson	Sauk Prairie Healthcare
John	Griffin	Business
Barry	Hoerz	Clergy
Shawn	Lerch	Sauk Prairie Healthcare
Terry	Moyer	Community / Healthcare
Barb	Parrell	Community / Finance
Vicki	Wenzel	Community / Sauk Prairie Healthcare

Thursday, March 1, 2018
Spring Green Fire Station
327 S Winsted St, Spring Green, WI

FIRST	LAST	Industry Area
Michael	Broh	Entertainment / Emergency Response
Ken	Carlson	Sauk Prairie Healthcare
John	Shogren	Community / Business
Monica	Maronich	Community / Sauk Prairie Healthcare
Shawn	Lerch	Sauk Prairie Healthcare
Ellen	Wermuth	Sauk Prairie Healthcare
Tom	Wermuth	Education

Sauk County Health Department Key Informant Meeting

Friday, July 27, 2018

Sauk County Key

West Square Building, Baraboo WI

FIRST	LAST	Organization
Heather	Alloway	St Clare - Chronic Disease Management
Regina	Baldwin	Sauk County Criminal Justice Programs Mgr
Lauren	Bjorklund	SCHD - NFP Nurse
Cindy	Bodendein	Former Health Officer
Sharon	Boesl	Sauk County Human Services Deputy Director
Jody	Bruni	SCHD - PHN
Tracy	Buglass	Agrace
Staci	Dankert	SCHD - Accreditation Coordinator
Andrew	Dietz	SCHD - Sanitarian
Shayna	Dye	SCHD - EH Manager
Jill	Ellinwood	Integrated Services Program Coordinator
Lucinda	Erbs	Reedsburg Schools - Nurse
Nicholas	Flugaur	Ho-Chunk Nation Emergency Management
Tiffany	Gantz	SSM Health
Anne	Gargano Ahmed	Second Harvest Foodbank: HungerCare Coalition Coordinator
Ed	Geick	City of Baraboo Administrator
Heather	Godemann	Meadow Ridge/Meadow View Admn, RN
Sara	Goldbeck	Wisc Dells Health Svcs - Dir of Social Services
Kaleena	Hanson	Our House
Hannah	Hayes	SCHD - PHN
Tara	Hayes	SCHD - Health Officer
Deedee	Heath	St. Clare Hospital Auxillary Board
Jan	Hollett	BASCO Assistant
Justin	Huelsemann	SCHD - Sanitarian
Jeff	Jelinek	Sauk County Emergency Management
Sara	Jesse	SCHD - Health Educator
Glen	Johnson	Sauk County Board of Supervisors - District 11
Nick	Karls	Baraboo Schools - Dir of teaching & learning
Josh	Kowalke	Reedsburg Area Ambulance - Director
Tammy	La Rocco	SSM Health Home Health
Angie	Meise	SCHD - NFP Nurse
John	Miller	Sauk County Board of Supervisors - District 16
Jodie	Molitor	RAMC - Community Relations Coordinator
Laura	Moon	Second Harvest Foodbank: Service area rep
Bob	Neuheisel	Plain EMS/Fire
Lesley	Papara	Our House
Jessie	Phalen	SCHD - Nurse Manager
Diane	Pillsbury	BASCO

FIRST	LAST	Organization
Melanie	Platt-Gibson	St. Clare Hospital - Director of Marketing
Patty	Ramsden	Upland Hills Health Clinic Manager
Diane	Reinfeldt	BOH
Gretchen	Rickey	Therapy Without Walls, LLC
Jessica	Scharfenberg	HealthFirst
Sheri	Siemers	Division of Public Health SRO Health Educator
Kevin	Stieve	Baraboo Fire Department Chief
Peter	Vedro	Sauk County Board of Supervisors - District 15
Jennifer	Vosen	Sauk County Health Care Center
Cassidy	Walsh	SCHD - Health Educator
Brianna	Wipperfurth	ADRC
Marina	Wittmann	ADRC

Data Sources

Centers for Disease Control and Prevention provides data and statistics. As the nation's health protection agency, CDC saves lives and protects people from health, safety, and security threats.

Community Commons analytics platform uses data, tools, maps, and stories to improve and inspire change in communities as well as includes up-to-date, publicly available data for approximately 100 community indicators.

Community Key Informant Meetings, a primary data source involving key community members coming together to discuss health and wellness issues in the community in which they live.

County Health Rankings provide a revealing snapshot of how health is influenced by where we live, learn, work and play providing a starting point for change in communities.

Sauk County Health & Wellness Coalition Survey, a primary source data, was a 110 question survey that was distributed throughout Sauk County and communities in other counties served by the hospitals in the Sauk County Health & Wellness Coalition.

Community Health Resource Guide

Aging and Disability Resources:

Columbia County Aging & Disability Resource Center
111 E. Mullett Street, Portage, WI 53901
608-742-9233

Dane County Aging and Disability Resource Center
2865 N. Sherman Avenue, Northside Town Center,
Madison, WI 53704
855-417-6892

Northwest Dane Senior Services
1837 Bourbon Road, Cross Plains, WI 53528
608-798-6937

Dane County Area Agency on Aging
(Located inside the ADRC)
2865 N. Sherman Avenue, Northside Town Center,
Madison WI, 53704
608-261-9930

Iowa County Office (Located inside the Iowa County
Health and Human Services Building)
303 W Chapel Street, Dodgeville, WI 53533
608-930-9835

Sauk County ADRC, West Square Building
Room #102, 505 Broadway, Baraboo, WI 53913
608-355-3289

Home Health Agencies:

Columbia County
Divine Savior Home Care
Hillside Home Care/Hospice
Home Health United, Inc.*
Homeward Bound
Maxim Healthcare Services
Meriter Home Care Agency
Recover Health

Dane County
Coram Healthcare
Divine Savior Home Care
Edgerton Home Health
Fort Healthcare – Home Health
Hillside Home Care/Hospice
Home Health United, Inc.*
Independent Living, Inc.
Interim Healthcare of Madison
Maxim Healthcare Services
Mercy Assisted Care Home Health
Meriter Homecare Agency
Recover Health
Stoughton Hospital Home Health
Univ. Hosp. Home Health Agency
Upland Hills Home Care & Hospice

Iowa County
Finley Home Health Care
Home Health United, Inc.*
Homeward Bound
Maxim Healthcare Services
Recover Health
Upland Hills Home Care & Hospice

Sauk County
Home Health United, Inc.*
Divine Savior Home Care
Maxim Healthcare Services
Recover Health
Sauk County Home Care
Homeward Bound
Hess Home Health

*Affiliated with Sauk Prairie Healthcare

Women, Infant, Children (W.I.C.) Programs:

Columbia County Dept. of Health & Human Services
111 East Mullett St., Portage, WI 53901
608-742-9254

Public Health Madison & Dane County
210 Martin Luther King Jr. Blvd.,
Room 516B, Madison, WI 53703
608-267-1111

Southwestern Wisconsin Community Action Program
(Iowa County)
149 North Iowa Street, Dodgeville, WI 53533
608-935-2326

Sauk County West Square Building
Third Floor, Suite 372,
505 Broadway, Baraboo, WI 53913
608-355-3290

Head Start Programs:

Sauk Prairie Head Start
1906 North St., Prairie Du Sac, WI 53578
608-643-2788

Reedsburg Head Start
400 Alexander Avenue, Reedsburg, WI 53959
608-524-2700

Head Start & Early Head Start
(Grant, Iowa, Lafayette and Richland Counties)
212 E. Chapel Street, Dodgeville, WI 5353
608-935-3379

Columbia County Family Resource Center
2946 Red Fox Run, Portage, WI 53901
608-742-8482

Food Pantries:

Sauk Prairie Area Food Pantry
821 Industry Rd, Sauk City, WI 53583
608-571-7737

6:8's Free Community Meal
821 Industry Rd, Sauk City, WI 53583
608-571-7737

Baraboo Food Pantry/St. Vincent de Paul
100 South Boulevard, Baraboo, WI 53913
608-356-4649, 608-415-1626, or 608-370-9559

Merrimac Food Pantry
607 Main St., Merrimac WI 53561
608-493-2545

Spring Green Community Food Panty/Spring Green
Community Church
151 E. Bossard Street, Spring Green, WI 53588
608-588-2442

Reedsburg Food Pantry
134 S Locust St, Reedsburg, WI 53959
608-524-6272

Second Harvest Foodbank Mobile Pantry
Veterans Memorial Field,
intersection of Griffith St. & Superior St., Portage

Second Harvest Foodbank Mobile Pantry/Reedsburg VFW
200 Veterans Drive, Reedsburg
877-366-3635

Lone Rock Community Food Pantry
Lone Rock Elementary School,
222 W. Pearl Street, Lone Rock
608-583-2614

Economic Support Programs:

6:8 Circles Sauk Prairie
821 Industry Rd, Sauk City, WI 53583
608-658-4700

Columbia County Health and Human Services
111 E Mullett St, Portage, WI 53901
608-742-9227

Columbia County Job Center
2875 Village Rd #200, Portage, WI 53901
608-742-4181

Dane County Human Services Department
1202 Northport Dr, Madison, WI 53704
608-242-6200

Dane County Job Center
1819 Aberg Ave, Madison, WI 53704
608-242-4900

Iowa County Health and Human Services
303 W Chapel St, Dodgeville, WI 53533
608-930-9800

Iowa County Job Center
201 S Iowa St, Dodgeville, WI 53533
608-935-3116

Sauk County Human Services
505 Broadway St #480, Baraboo, WI 53913
608-355-4200

Sauk County Job Center
505 Broadway St #232, Baraboo, WI 53913
608-355-4810

Area Nursing and/or Assisted Care Homes:

Arc of Columbia County
225 Henry Dr, Portage, WI 53901
(608) 742-0165

Columbia Health Care Center
323 W Monroe St, Wyocena, WI 53969
(608) 429-2181

Crestridge Assisted Living
219 Grace St, Dodgeville, WI 53533
(608) 935-0211

Greenway Manor
501 S Winsted St, Spring Green, WI 53588
(608) 588-2586

Heartland Country Village
1218 State St, Black Earth, WI 53515
(608) 767-2572

Ingleside
407 N 8th St, Mt Horeb, WI 53572
(608) 437-5511

Lodi Good Samaritan
700 Clark St, Lodi, WI 53555
(608) 592-3241

Maplewood of Sauk Prairie
245 Sycamore St, Sauk City, WI 53583
(608) 643-3383

Maplewood Village Assisted Living
1425 Hemlock St, Sauk City, WI 53583
(608) 643-8494

Meadow Ridge Assisted Living
1700 Jefferson St, Baraboo, WI 53913
(608) 356-8770

Oak Park Place Baraboo
800 Waldo St, Baraboo, WI 53913
(608) 355-3101

Our House Assisted Living - Baraboo Assisted Care
1200 Washington Ave, Baraboo, WI 53913
(608) 355-2344

Our House Senior Living - Lodi Assisted Care
121 2nd St, Lodi, WI 53555
(608) 592-7433

Our House Senior Living - Portage Assisted Care
2876 Village Rd, Portage, WI 53901
(608) 745-0330

Our House Senior Living - Reedsburg Assisted Care
355 Mack Dr, Reedsburg, WI 53959
(608) 524-6116

Our House Senior Living - Wisc. Dells Assisted Care
1954 WI-23, Wisconsin Dells, WI 53965
(608) 253-3404

Pine Valley Nursing Home
25951 Circle View Dr, Richland Center, WI 53581
(608) 647-2138

Pine Villa Memory Care
890 Prairie St, Prairie Du Sac, WI 53578
(608) 643-7343

Pines Assisted Living
1050 Prairie St, Prairie Du Sac, WI 53578
(608) 643-5433

Sauk County Healthcare Center
1051 Clark St, Reedsburg, WI 53959
(608) 524-7501

SSM Health St. Clare Meadows Care Center
1414 Jefferson St, Baraboo, WI 53913
(608) 356-4838

Tivoli at Divine Savior Healthcare
2805 Hunters Trail, Portage, WI 53901
(608) 745-5900

Upland Hills Nursing
800 Compassion Way, Dodgeville, WI 53533
(608) 930-7600

Waunakee Manor
801 S Klein Dr, Waunakee, WI 53597
(608) 256-8448

Community-Based Residential Facilities (CBRFs)

A place where 5 or more unrelated people live together in a community setting. Services provided include room and board, supervision, support services, and may include up to 3 hours of nursing care per week.

Contact the Wisconsin Department of Health Services (<https://www.dhs.wisconsin.gov/regulations/cbrf/introduction.htm>) for questions regarding Community-Based Residential Facilities (CBRF) you may email the Division of Quality Assurance (dhswebmaildqa@wisconsin.gov), attention Bureau of Assisted Living.

Medicare does not pay for CBRF's. These are usually paid for on a private pay basis. If you are seeking an admission to a CBRF you should contact your county social services agency for an assessment prior to admission.

Hospice Agencies:

Agrace Hospice Care
1670 South Boulevard, Baraboo, WI 53913
800-553-4289

Heartland
2810 Crossroads Drive, Suite 1300, Madison, WI 53718
608-819-0033

Home Health United Hospice*
1600 Jefferson Street, Suite 101, Baraboo, WI 53913
800-924-2273

Home Health United Hospice*
164 Second St., Reedsburg, WI 53959
608-524-6607

Home Health United Hospice*
470 Oak Street, Prairie du Sac, WI 53578
608-643-6103
Hospice Touch
1874 Hwy. 13, Adams, WI 53910
608-339-7500

Hospice Touch
1050 Division St., Mauston, WI 53948
608-847-6161

Madison Home Care LLC
2317 International Lane, Suite 114, Madison, WI 53704
608-665-3829

St. Croix Hospice
414 Broadway, Suite 200, Baraboo, WI 53913
608-448-4200

Southern Care
402 Gammon Place, Ste 110, Madison, WI 53719
608-833-3295

Upland Hills Hospice
800 Compassion Way, Dodgeville, WI 53533
608-930-3000

*Affiliated with Sauk Prairie Healthcare

Durable Medical Equipment:

Aljan (Orthopedic Appliances)
Address: 2008 Fish Hatchery Rd, Madison, WI 53713
608-257-4256

Bloomfield Health Care and Rehabilitation Center
3151 County Rd., Dodgeville, WI 53533
608-935-3321
<https://loan closets.org/wisconsin/iowa>

Chartwell Midwest Wisconsin
2241 Pinehurst Drive, Middleton, WI 53562
608-831-8555

Community Home Medical Equipment
1212 8th St, Baraboo, WI 53913
608-355-0774

Community Medical Products, LLC
240 Galena St, Prairie Du Sac, WI 53578
608-370-8111

Home Health United
2888 Village Rd, Portage, WI 53901
800-924-2273

Independent Living Resources, Inc.
149 East Mill St., Suite A, Richland Center, WI 53581
608-647-8053
<https://loan closets.org/wisconsin/sauk>

SSM Health at Home
250 26th St Ste. 110, Prairie Du Sac, WI 53578
800-924-2273

SSM Health at Home:
1111 8th St, Baraboo, WI 53913
800-924-2273

SSM Health at Home
164 2nd St B, Reedsburg, WI 53959
608-524-8440

St. Vincent dePaul Loan Closet
1311 W. Wisconsin St., Portage, WI 53901
608-742-5513
<https://loan closets.org/wisconsin/columbia>

UnityPoint at Home
2180 W. Beltline Highway, Madison, WI 53713
608-417-3700

UW Health Home Health Agency
2030 Pinehurst Dr, Middleton, WI 53562
608-203-2273

Walgreen's Home Care
1-888-492-5442

Mental Health, Domestic Violence, Sexual Assault, and Recovery Services:

Sauk County Human Services:
<https://www.co.sauk.wi.us/humanservices>

Columbia County Health & Human Services:
<http://www.co.columbia.wi.us/ColumbiaCounty/hhs/HealthHumanServiceHomePage/tabid/299/Default.aspx>

Dane County Department of Human Services:
<https://www.danecountyhumanservices.org/>

Iowa County Social Services:
<https://www.iowacounty.org/departments/SocialServices>

Veteran Services:

Columbia County Veteran's Service Office:
<http://www.co.columbia.wi.us/columbiacounty/veterans/VeteransServiceHome/tabid/618/Default.aspx>

Dane County Veteran's Service Office:
<http://www.danevets.com/>

Iowa County Veteran's Service Office:
<https://www.iowacounty.org/>

Richland County Veteran's Service Office:
<https://veterans.co.richland.wi.us/>

Sauk County Veteran's Service Office:
<https://www.co.sauk.wi.us/veteransserviceoffice>

Sauk Prairie Healthcare Area Other Valuable Resources

Good Neighbor Clinic
95 Lincoln Ave, Prairie Du Sac, WI 53578
608-643-4749

St. Vincent de Paul - Sauk Prairie
1906 North St, Prairie Du Sac, WI 53578, 608-643-8905

- Sauk Prairie Recovery, 608-644-0504 ext. 12
- Dental Clinic, 608-644-0504
- Neighborhood Based Assistance
- John Adams Recovery Home
- Medical Loan Closet
- Baby Layette Program
- Caring Tree Program
- School Supply Program
- My Neighbor in Need

St. Vincent de Paul - Baraboo
100 South Blvd, Baraboo, WI 53913
608-356-4649

St. Vincent de Paul - Wisconsin Dells
W15210 WI-16, Wisconsin Dells, WI 53965
608-254-4011

St. Vincent de Paul - Reedsburg
675 S Albert Ave, Reedsburg, WI 53959
608-524-7714

St. Vincent de Paul - Portage
1311 W Wisconsin St, Portage, WI 53901
608-742-5513